

Neurology Center of Salem

A Service of  SALEM REGIONAL
MEDICAL CENTER

ELECTROENCEPHALOGRAM (EEG)

An EEG is a recording of the electrical activity of the brain. It cannot tell you how smart you are or what you are thinking.

Your EEG will be performed in our office. Before the test, a cap, similar to a swimmers cap, with wires attached to it will be placed over your scalp. It is painless and takes approximately one hour to complete. Dr. Yan will go over your test results with you during your follow up visit.

General Instructions for Patients:

1. Wash your hair the night before the test. Do not use any hair spray, oily preparations or back combing.
2. Eat a normal breakfast or lunch before coming to your appointment. Do not drink beverages containing caffeine (coffee, tea or soda pop).
3. Continue any medication that you have been prescribed.

Additional Instructions for Patients, Needing to be Tested While Asleep:

1. We recommend you be very sleepy for this test. Our suggestion would be to stay awake until midnight the night before the test and then sleep until 4:00 am. After rising, stay awake and do not fall back asleep. If you are unable to be sleepy, the test can still be performed. We just need you to be relaxed during the test and take a short nap if you are able to.
2. We recommend you have a driver if you will be drowsy for the procedure.

If you must cancel this appointment, please call us at (330) 337-4940 with a 24 hour notice.

Thank you.

Staff at Neurology Center of Salem